

Winter 2010

COMMUNITY SERVICE

CS 090 Woven Wire Jewelry Making \$40

For thousands of years people made wonderfully complex wire woven jewelry. This class will give you a look at various examples of these from Persian to European to East Asian as well as show you some more modern variations of this ancient art. This class will also give you a history or background for what you are making as well as how to make it. By the end of this class you will have completed several class projects

X791 CS 090 17 T 6:00PM-7:00PM 2315 Snyder A

CS 121 Childbirth Preparation \$60

The Childbirth Education Course is a 6-week series designed for expectant women and their labor support persons (labor support persons are encouraged but not required). Classes are taught by certified childbirth educators. Participants gain knowledge and tools to help them throughout pregnancy, childbirth, and in to parenthood. Course content includes comfort in labor, fetal development, healthy lifestyles, labor process, labor support, contraception, infant care and parenting. The optimal time to begin the series is during the 8th month of pregnancy. All classes run from 6:30 - 9:30 p.m.

X739	CS	121	67	T	6:30PM-9:30PM	308	Simpson J
X740	CS	121	77	Th	6:30PM-9:30PM	308	Johnson V
X741	CS	121	87	T	6:30PM-9:30PM	308	Murphy A

NOTE: Item #X739 begins on January 5, 2010; Item #X740 begins on February 4, 2010; Item #X741 begins on March 2, 2010.

CS 201 Connected Families Workshop \$15

Learn better ways to stay in touch - In class you learn how to see loved ones on your PC via webcam, try out social networking to keep connected with your family and friends, and learn how to share photos without bulky attachments. Class uses free Windows Live software that participants can install at home.

X720	CS	201	17	Th	5:30PM-8:30PM	LIB1520	Blumberg S
X721	CS	201	27	T	5:30PM-8:30PM	LIB1520	Blumberg S

NOTE: Item #X720 takes place on January 14, 2010; Item #X721 takes place on January 19, 2010.

CS 202 Digital Photo Editing for Beginners \$15

Have fun while learning all the essentials, including how to adjust color and light, fix red-eye, crop, straighten, create a panoramic photo and even "airbrush"! Class uses free Windows Live software that can be installed at home.

X725	CS	202	17	T	5:30PM-8:30PM	LIB1520	Blumberg S
X726	CS	202	27	T	5:30PM-8:30PM	LIB1520	Blumberg S

NOTE: Item #X725 takes place on February 09, 2010; Item #X726 takes place on February 11, 2010

CS 203 Creative Photo Slideshow \$15

Turn your digital photos and videos into a fun movie slideshow! Learn easy ways to create movies with your photos by adding transitions, motion effects, titles, credits and music. Burn a DVD to play on your TV or computer, or share with family. Class uses free Windows Live software that can be installed at home.

X730	CS	203	17	T	5:30PM-8:30PM	LIB1520	Blumberg S
X731	CS	203	27	Th	5:30PM-8:30PM	LIB1520	Blumberg S

NOTE: Item #X730 takes place on March 02, 2010; Item #X731 takes place on March 04, 2010

COMMUNITY SPECIAL INTEREST

CSI 034 Radiant Health Yoga \$32.04

Radiant Health Yoga focuses on improving core strength, flexibility, and balance utilizing ancient Hatha yoga with contemporary adaptations to honor each individual's body style and address the needs of body, mind, and spirit. You will notice improvement in your concentration and coordination abilities enhancing the quality of your life. Open to all levels of fitness, even if you are starting a new program. Take at your own level of challenge.

X742 CSI 034 27 MW 5:00PM-6:15PM 420 Guarisco K

CSI 035 Conversational Spanish \$24.31

Designed to give students an immediate speaking ability in Spanish. This practical class builds a working Spanish vocabulary and includes an introduction to Spanish speaking people and their culture, a good preparation for travelers.

X743 CSI 035 27 T 6:00PM-8:00PM 2201 Krause C

CSI 057 Introduction to Sustainable Gardening \$24.31

Whether you want to supplement your food budget with home grown vegetables, berries and tree fruit or increase the beauty of your ornamental landscape this class is for you! Get a jump start on next spring's garden this fall by learning the basics of composting, controlling weeds, preparing soil and planting your winter garden.

X707 CSI 057 27 T 6:00PM-8:00PM 2102 Parker J

CSI 073 Basic Computers I \$29.84

This basic computer literacy course is designed to provide a beginning level of competency in using personal computers in a relaxed non-threatening atmosphere. Hardware and software components will be introduced, and students will learn the use of the Windows operating system. E-mail and use of the Internet will be introduced.

X745 CSI 073 27 M 2:30AM-5:30AM 2205 Parker L

NOTE: Class begins on January 11, 2010.

CSI 074 Basic Computers II \$33.15

This course will introduce Microsoft Office Suite applications including Word, Excel, PowerPoint, and Outlook. File management in the Windows operating system will be emphasized. Students will receive instruction to increase proficiency in the use of the Internet and E-mail.

X747 CSI 074 27 T 2:30PM-5:15PM 2205 Parker L

CSI 075 Basic Computers III \$33.15

This course will increase skills in the Microsoft Office Suite applications including Word, Excel, PowerPoint, and Outlook. Students will demonstrate competency by creating resumes, business cards, a slide show, calendar, and charts/tables. Advanced Email skills and research using the Internet will be covered.

X750 CSI 075 27 T 2:30PM-5:15PM 2205 Parker L

CSI 082 Digital Life Style \$29.84

Millions of people trade messages, tweets, posts, texts, URLs, photos, files, songs, & videos online, each day, all day. Learn why and how to do all this and more as we join in exploring a digital lifestyle. We'll create and share podcasts; upload our videos to YouTube; use RSS feed to shop and keep up to date on custom searches. We'll join Facebook, del.icio.us, last.fm, and other social sites; blog or microblog; use wikis; understand, incorporate, & create Creative Commons intellectual property; and share our photos on Flickr. Exploring how you can take advantage of a digital lifestyle can add a depth of fun and knowledge to your life.

X782 CSI 082 17 W 6:00PM-8:30PM 2312 Hogaboom R

CSI 096 Photography Workshop Series \$22.10

Students will meet weekly. Each week they will be given examples of a different photography topic. A discussion about the best approach, equipment and techniques for this topic will be given. Then during the week, students will shoot the pictures with the topic in mind. They will bring examples to the next class to be discussed during the first hour. The second hour of the class will be devoted to a new topic for the upcoming week.

X761 CSI 096 27 W 6:00PM-8:00PM 2201 Cherry R

CSI 100 Photoshop Series \$14.37

Weekly sessions will include different examples of Photoshop methods. Topics will include advanced dodging and burning, retouching portraits, curves, layers and other Photoshop methods aimed at helping photographers work and create more comfortably using the electronic darkroom. The class will be taught using Photoshop CS3. Users of earlier versions of Photoshop will find the class very helpful and information in understanding and using their program. Students are encouraged to bring their laptop computers to class and follow along using the same pictures as the instructor. If the student does not have a laptop computer available to them, there will be a limited number of computers available in the lab for their use. A CD of the pictures will be provided to each student. This course will help photographers become more comfortable with Photoshop. The intention is to have the basic knowledge to work with files creatively, and to have a basic set of parameters from which to work.

X763 CSI 100 37 Th 4:00PM-6:00PM LIB1515 Cherry R

X762 CSI 100 47 Th 6:00PM-8:00PM LIB1515 Cherry R

NOTE: Classes begin on January 28, 2010.

CSI 110 Water Exercise X \$34.26

Students will participate in swimming activities in order to create better physical conditioning and flexibility, muscle toning by aerobics and controlled exercise in the water. This is a continuation of Water Exercise IX.

X751 CSI 110 17 MWF 8:00AM-8:50AM YMCA YMCA(Staff)

X752 CSI 110 27 MWF 8:50AM-9:40AM YMCA YMCA(Staff)

X753 CSI 110 37 MWF 9:40AM-10:30AM YMCA YMCA(Staff)

X754 CSI 110 47 MWF 10:30AM-11:20AM YMCA YMCA(Staff)

X755 CSI 110 57 TTh 7:30PM-8:20PM YMCA YMCA(Staff)

NOTE: Classes begin on January 4, 2010. Item #X755 begins on January 5, 2010 and fee is \$24.31.

CSI 115 Photoshop Elements 6 Series \$14.37

Weekly sessions will include different examples of Elements methods. Topics will include advanced dodging and burning, retouching portraits, curves, layers and other Elements methods aimed at helping photographers work and create more comfortably using the electronic darkroom. The class will be taught using Photoshop Elements 6. Users of earlier versions of Elements will find the class very helpful and informative in understanding and using their program. Students are required to bring laptop computers to class and follow along using the same pictures as the instructor. Each student will be provided a CD of the pictures.

X702 CSI 115 27 W 4:00PM-6:00PM 2201 Cherry R

NOTE: This class begins on January 27, 2010.

FLAGGER TRAINING

FLAG 050 Flagger Training \$40

Students will learn about safety equipment and clothing, preparedness, responsibilities, and the traffic control company regulations.

X779 FLAG 050 67 Sa 8:00AM-3:30PM 308 Bemis M

X780 FLAG 050 77 Sa 8:00AM-3:30PM 308 Bemis M

X781 FLAG 050 87 Sa 8:00AM-3:30PM 308 Bemis M

NOTE: Item #X779 takes place on January 16, 2010; Item #X780 takes place on February 6, 2010; Item #X781 takes place on March 6, 2010.